

## Quach Hiep Long

As a caodaist disciple, I know that there are many specific aspects that the West cannot understand exactly: what is Cao Dai? And what is Dai Dao? Through this concise presentation, I would like to tell you some of these specific topics like:

1. What are two clear objectives of Cao Dai?
2. Cao Dai is not only a universal religion but also the Dai-Dao. What is exactly the definition of “Dai Dao”?
3. Cao Dai or exactly the “Inner Cao Dai” (“Cao Đài nội tại” in Vietnamese) is the human conscience, located inside of us, in every man, woman and child. By extension, Cao Dai is in every living being, from a microscopic dust to the vegetables, the animal, the human and the universe.
4. What is the Cao Dai conception of the soul? How can humans avoid the reincarnation, according to the Caodaism? By performing constantly with an extreme sincerity the Three Cao Dai practices (“Tam Công” in Vietnamese) :
  - The practice of goodness (“Công Quả” in Vietnamese)
  - The practice of self-improvement (“Công Trình” in Vietnamese)
  - And the practice of meditation (“Công Phu” in Vietnamese).

For the first time, I think, some spirit messages received directly from the Superior Spirits teaching us on the cao dai meditation precepts will be presented before the scientific people. As we know, the Esoteric Teaching is not for all but only for a number of selected people.

Since 1926, in Vietnam, a divine message for peace has been transmitted to the world. All nations in the world should be ONE, all religions should be ONE, and all races should be ONE. So that we can hope sincerely that one day humanity will be able to live in peace, in the Universal Love of GOD, in the Dai Dao Era of the Universal Brotherhood. It should be the Human dream. It's actually the Cao Dai's dream!