



Mt. Kailash, southwest view

Photo: Wöllmer



Mt. Kailash seen from the Gurla La  
over Lake Rakas Tal

Photo: Wöllmer

# Program of the 5<sup>th</sup> International Conference on the Phenomenon of the Holy Mt. Kailash

## “Compilation of Traditional and New Aspects of Mt. Kailash and Surrounding Pilgrimage Sites”

University of Hamburg

March 21-22, 2020

Saturday, March 21, 2020

09:00 **OPENING OF THE CONFERENCE:**

Prof. Dr. Dorji Wangchuk, University of Hamburg, Germany

Welcome by the Speaker of the Asien-Afrika-Institut

Prof. Dr. Steffen Döll, University of Hamburg, Germany

### **SESSION 1: HISTORY AND GEOGRAPHY OF THE MT. KAILASH REGION**

**Chair:** Dr. Wolfgang Wöllmer, Phenomenon of Kailash Research Group, Germany

09:20 **Geology and Geo-History of the Mt. Kailash Region**

Prof. Dr. Lothar Ratschbacher, Technische Universität Freiberg, Germany

09:40 **History of Tibet and the Mt. Kailash Region**

Dr. Alex McKay, Australia

10:00 **Identification of Gang Tise as the Holy Mt. Kailash**

Dr. Alex McKay, Australia

10:20 **Landscape Geoglyphs in the Region of Mt. Kailash and the Great Lakes**

Dr. Sergei Balalaev, Phenomenon of Kailash Research Group, Russia

10:40 **Interaction of the Four Religions in their Beliefs in the Context of Mt. Kailash  
and Lake Manasarovar**

Prof. Pierre Mercier, Canada

11:00 **MORNING BREAK**



The Darboche with the Mandal Terrace and Mt. Kailash behind it

Photo: Wöllmer



The Gaurikund right after the Dolma La

Photo: Wöllmer

## SESSION 2: MT. KAILASH IN SCRIPTURES AND LEGENDS

**Chair:** Dr. Sergei Balalaev, Phenomenon of Kailash Research Group, Russia

11:30 **Depiction of Mount Kailāśa (Ti-se) in Tibetan Literature**

Prof. Dr. Dorji Wangchuk, University of Hamburg, Germany

11:50 **Hindu Scriptures and Legends of Mt. Kailash and Lake Manasarovar**

Dr. Ram Prasad Bhatt, University of Hamburg, Germany

12:10 **The Importance of Mt. Kailash in the Bon Religion**

Dmitry Ermakov, Foundation for the Preservation of Yungdrung Bon, UK

12:30 **The Importance of Mt. Kailash in the Jain Religion**

Ajitkumar Benadi, Jain Association International, Germany

12:50 **The Significance of Mt. Kailash in Buddhist Scriptures**

Dr. Alex McKay, Australia

13:10 LUNCH BREAK

## SESSION 3: TOURIST AND MEDICAL CONSIDERATIONS

**Chair:** Dr. Alex McKay, Australia

14:40 **Access of Mt. Kailash and Overview of the Koras**

Dr. Wolfgang Wöllmer, Phenomenon of Kailash Research Group, Germany

15:00 **Tourism Development in Tibet in Recent Years**

Alexey Perchukov, Phenomenon of Kailash Research Group, Russia

15:20 **Video: Tibet, place that changes lives**

Alexey Perchukov, Phenomenon of Kailash Research Group, Russia

15:40 **The Tibetan Medical and Astro Institute Mt. Kailash in Darchen**

Dr. Christoph Klein, Switzerland

16:00 **Sowa Rigpa – The Science of Healing and Holy Mount Kailash**

Marwin Schwarzbach, Stiftung Sowa Rigpa, Germany

16:20 AFTERNOON BREAK

## SESSION 4: THE PARIKRAMA (tib. KORA) OF MT. KAILASH

**Chair:** Dr. Wolfgang Wöllmer, Phenomenon of Kailash Research Group, Germany

16:50 **The Magical Duel Between Milarepa and Naro Bönchung: Who Really Won?**

Dmitry Ermakov, Foundation for the Preservation of Yungdrung Bon, UK



Shores of Lake Manasarovar and Gurla Mandata, Photo: Wöllmer



Tsaparang in the early morning light

Photo: Wöllmer

17:10 **The Kora of Mt. Kailash**

Bruno Baumann, Phenomenon of Kailash Research Group, Austria

17:30 **Geometrical Features of the Relief in the Region of Mt. Kailash**

Dr. Sergei Balalaev, Phenomenon of Kailash Research Group, Russia

17:50 **The Kora of Lake Manasarovar and Raksas Tal**

Galina Kotovskaya, Phenomenon of Kailash Research Group, Russia

18:10 **Research of the Lake Gyuma Tso in the Region of Mt. Kailash**

Dr. Sergei Balalaev, Phenomenon of Kailash Research Group, Russia

18:30 **END OF THE FIRST CONFERENCE DAY PROGRAM**

Sunday, March 22, 2020

**SESSION 5: THE STATIONS OF THE BARKOR**

**Chair:** Prof. Dr. Dorji Wangchuk, University of Hamburg, Germany

09:00 **The Sources of the Four Great Rivers: Sacral and Physical Geography**

Dr. Sergei Balalaev, Phenomenon of Kailash Research Group, Russia

09:20 **Tirthapuri and Gurugyam**

Bruno Baumann, Phenomenon of Kailash Research Group, Austria

09:40 **Khyunglung and the Garuda Valley**

Bruno Baumann, Phenomenon of Kailash Research Group, Austria

10:00 **Tsaparang and the Guge Kingdom**

Dr. Christoph Klein, Switzerland

10:20 **Piyang and Dungkar**

Dr. Wolfgang Wöllmer, Phenomenon of Kailash Research Group, Germany

10:40 **MORNING BREAK**

**SESSION 6: INNER KORA PATHS**

**Chair:** Dr. Sergei Balalaev, Phenomenon of Kailash Research Group, Russia

11:10 **The Inner Kora of Mt. Kailash**

Bruno Baumann, Phenomenon of Kailash Research Group, Austria

11:30 **Other Inner Kora Paths**

Dr. Wolfgang Wöllmer, Phenomenon of Kailash Research Group, Germany



Faces of Chakrasamvara and Vajravahri

Photo: Wöllmer



The Faces on the Chakrasamvara Thangka

Photo: Wöllmer

- 11:50 **The Basis of the Four Faces of Mt. Kailash: a Sacral Landscape**  
Galina Kotovskaya, Phenomenon of Kailash Research Group, Russia
- 12:10 **The Spiral Kora**  
Dr. Wolfgang Wöllmer, Phenomenon of Kailash Research Group, Germany
- 12:30 **Exploration of the Internal Mandala of Mt. Kailash**  
Alexey Perchukov, Phenomenon of Kailash Research Group, Russia
- 12:50 **The Organic Pilgrimage, a Spiral of Consciousness as Described in The Tibetan Book of the Dead**  
Susan Griffith-Jones, Great Britain / India
- 13:10 LUNCH BREAK

### SESSION 7: TANTRIC ASPECTS OF MT. KAILASH

**Chair:** Dr. Alex McKay, Australia

- 14:40 **Pilgrimage as Terrestrial Representation of Geometrical Imagination: Inner and Outer Pilgrimage in the *Kālachakra* Corpus**  
Niraj Kumar, Society for Asian Integration, India
- 15:00 **Mt. Kailash and Lake Manasarovar in the Hindu Tantra**  
Ian A. Baker, PhD, Great Britain
- 15:20 **The Chakrasamvara Mandala and the Faces of Mt. Kailash**  
Dr. Wolfgang Wöllmer, Phenomenon of Kailash Research Group, Germany
- 15:40 **The 24 Sacred Pithas and the Body Mandala in the Chakrasamvara Tantra**  
Ian A. Baker, PhD, Great Britain
- 16:00 **Mt. Kailash in the Kalachakra Tantra**  
Niraj Kumar, Society for Asian Integration, India
- 16:20 AFTERNOON BREAK

### SESSION 8: QUESTIONS AND ROUND TABLE

**Chair:** Prof. Dr. Dorji Wangchuk, University of Hamburg, Germany

- 16:50 **Auditorium:** Questions and Answers
- 17:40 **Round Table:** Balalaeu, Baumann, McKay, Perchukov, Wöllmer
- 18:30 **CONCLUSION OF THE CONFERENCE**  
Final words and Good-Bye