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Die Hamburger Gesellschaft für Thaiistik e.V.
in Zusammenarbeit mit dem Arbeitsbereich Thaiistik
der Abteilung Sprachen und Kulturen Südostasiens des AAI
lädt Sie zu folgendem Online-Vortrag ein:

Buddhism and Covid-19: How Can Buddhist Ethics Offer to Improve Health during the Covid-19 Pandemic?



Since the outbreak of the Covid-19 pandemic back in 2019, people around the globe have suffered stress and depression. Many people in Thailand started to wonder whether the Teachings of the Buddha could be used to improve one's health during the pandemic. Buddhist texts say that during his lifetime the Buddha used his ethics to stop an epidemic at Vesali. A similar story is also mentioned in Buddhist manuscripts in Southeast Asia. Since the two stories are recorded in religious texts, it is hard to conclude that the Buddha's teachings can improve the health of practitioners during epidemics effectively. However, based on recent research and modern scholarship, Dr Bodhiprasiddhinand argues that the practice of Buddhist ethics is actually a fount of healing, and that there is ample evidence proving that the practice of mindfulness meditation, the development of concentration and insight as taught by the Buddha can not only wipe out stress and depression, but also lead to the improvement of the immune system. This can protect human beings from various pandemics such as Covid-19.

Online-Lecture *via Zoom & in English*

Dr Pathompong Bodhiprasiddhinand finished the ninth grade of the Thai traditional Pali Studies while still a novice at Wat Bovornives Viharn, a BA (Hons) from Mahamakut Buddhist University, and MA degrees in Oriental Languages (Chulalongkorn University) and Oriental Studies (SOAS, University of London). He earned his DPhil in Oriental Studies (Sanskrit and Pali) with a Boden scholarship from the Oriental Institute, Oxford University. Currently, he is affiliated to the International PhD Programme in Buddhist Studies, Faculty of Social Sciences and Humanities, Mahidol University, which he founded in 2005 and served as its first director for eight years.



Friday, 5 May 2023

14h-16h (CEST)

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Meeting-ID: 645 6352 1222 || Passcode: hglecture



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